

Practical Strategies to reduce extreme behaviour in SEND children and young people

with Yvonne Newbold, MBE, Newbold Hope

This 2½ hour session looks at the reasons why children & young people with additional needs can develop extreme behaviour, which may include physical violence towards other people &/or pets, other forms of aggression, controlling behaviour, avoiding demands, self-harm, property destruction & using inappropriate & offensive language.

Some of the areas covered in this session are sensory issues, communication, routines, resistance to change, transitions, processing speed, theory of mind, masking.

This session will be packed full of practical strategies you can implement at home with your children, with ample time at the end for you to ask questions. Yvonne's session will be very popular so get in touch now to secure your place!

Friday 8 March, 10am to 12.30pm (Zoom meeting)

Online via Zoom

Or at the Chaucer Centre,

**where the meeting will be shown live on a screen for parents
& carers without digital access.**

**To join the Zoom meeting or live-screening, contact Tuhina
on**

kf.admin@mertonmencap.org.uk / 07929 670645

THESE SESSIONS ARE FOR PARENT CARERS ONLY

- ✓ For more information or to register with Kids First / Adults First and receive news of all our events, just ring 020 3963 0597 or email kf.admin@mertonmencap.org.uk.