

## ***About Yvonne Newbold MBE***

**Yvonne is the founder of Newbold Hope, a parent-led organisation inspired by Toby, one of Yvonne's three children, and all he taught her throughout his childhood and beyond.**

**Newbold Hope works with parents and professionals who care for children and young people who have a disability or an additional need, and who sometimes become so overwhelmed by anxiety that their behaviour becomes violent, difficult, or dangerous.**



**Through taking part in The Newbold Hope Approach Training Programme, parents and professionals are supported to develop the skills, knowledge, and confidence to enable their children and young people to significantly reduce their extreme episodes of behaviour. Since the beginning of the pandemic, Yvonne now knows of over 4,000 children and young people who have been supported to move beyond their difficult behaviour, and who are now much happier and calmer, with much more promising futures ahead of them.**

**Yvonne also works closely with NHS England, using her lived experience to help shape UK national policy for services supporting people with intellectual disabilities or who are autistic.**

**Yvonne is also the author of the Amazon number one bestseller “The Special Parent’s Handbook”.**

**Yvonne is also living with incurable Stage 4 cancer and has been on continuous cancer treatment for over 10 years. All of her work with Newbold Hope has developed from her “bucket list” wish to do what she could to improve the quality of life and wellbeing of families of children with disabilities and additional needs. As well as being awarded an MBE in the 2021 New Year’s Honours List for this work, she has also won a number of other awards.**